



Sunshine: A hedge against Depression!
(An 8 month old male kitty)

When we lost our feline “Kitty” due to old age and illness I thought I didn’t even want to look at another cat for a long while. The memories of a special Kitty and friend might be too painful. As it turns out what I needed was a little Sunshine. He is nothing like Kitty and that’s a great thing! Sunshine is a real character. We went to Petco to just look at cats. Middleburg Heights Animal Foundation or MHAF was displaying a couple of cats up for adoption. Sunshine was one of their cats. I was impressed with the thoroughness of the paperwork on Sunshine’s pen. Sunshine was up for adoption according to the paperwork because of a family illness. Sunshine was very active and had four pens open just for him. He was jumping between them and trying to open doors to others. The first thing that came to my mind was, it was not because of illness that Sunshine was up for adoption but for hyper activity! We looked at other cats at other places that day but went home kitty less. Two days later I went back to visit Sunshine. He reached out to me from the pen and I was hooked. A call to MHAF eased my fears about Sunshine needing a new home because of anything other than the owner’s illness. My wife just happened to go bye and visit Sunshine that same day and did the same check on Sunshine that I did. Well, I guess it was in the cards as Sunshine is now our new addition to the family. It is like having a new baby in the house with do you know what Sunshine did today and ah look at how cute he is! He learns fast and is pretty well behaved but still a real character. Sunshine is known for cooing like a pigeon, getting inside paper bags and peering out, eating like a pig while kneading the carpet under his bowl and of course sleeping with whoever is awake watching TV. If you were to fall asleep and left the TV on he will play with your fingers until you shut off the TV. He don’t like the noise while he is sleeping. I swear he has done that twice already and went back to sleep after the TV was shut off. He has also been getting me up after the alarm clock goes off, I am sure just to feed him☺ I still miss “Kitty” but Sunshine helps take my mind off of it. For more information on Depression go to www.depressioncures.org To adopt your next favorite pet go to www.mhaf.com